

BØNNETIDER FOR ROGNAN

MARS

| Dag | Fajr | Soloppgang | Duhr | Asr | Maghrib | Isha |
|-----|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | 05:21 | 07:25 | 12:16 | 14:16 | 17:07 | 19:37 |
| 2 | 05:13 | 07:17 | 12:15 | 14:21 | 17:14 | 19:44 |
| 3 | 05:09 | 07:13 | 12:15 | 14:23 | 17:18 | 19:48 |
| 4 | 05:05 | 07:09 | 12:15 | 14:26 | 17:22 | 19:52 |
| 5 | 05:01 | 07:05 | 12:15 | 14:28 | 17:25 | 19:56 |
| 6 | 04:57 | 07:01 | 12:14 | 14:30 | 17:29 | 19:59 |
| 7 | 04:52 | 06:56 | 12:14 | 14:33 | 17:32 | 20:03 |
| 8 | 04:52 | 06:56 | 12:14 | 14:33 | 17:32 | 20:03 |
| 9 | 04:44 | 06:48 | 12:14 | 14:37 | 17:40 | 20:11 |
| 10 | 04:40 | 06:44 | 12:13 | 14:40 | 17:43 | 20:15 |
| 11 | 04:36 | 06:40 | 12:13 | 14:42 | 17:47 | 20:19 |
| 12 | 04:31 | 06:36 | 12:13 | 14:44 | 17:50 | 20:23 |
| 13 | 04:27 | 06:32 | 12:13 | 14:47 | 17:54 | 20:28 |
| 14 | 04:22 | 06:28 | 12:12 | 14:49 | 17:57 | 20:32 |
| 15 | 04:22 | 06:28 | 12:12 | 14:49 | 17:57 | 20:32 |
| 16 | 04:13 | 06:20 | 12:12 | 14:53 | 18:04 | 20:40 |
| 17 | 04:09 | 06:16 | 12:11 | 14:55 | 18:08 | 20:45 |
| 18 | 04:04 | 06:12 | 12:11 | 14:58 | 18:11 | 20:49 |
| 19 | 03:59 | 06:08 | 12:11 | 15:00 | 18:15 | 20:54 |
| 20 | 03:54 | 06:04 | 12:11 | 15:02 | 18:18 | 20:59 |
| 21 | 03:49 | 06:00 | 12:10 | 15:04 | 18:22 | 21:04 |
| 22 | 03:44 | 05:56 | 12:10 | 15:06 | 18:25 | 21:09 |
| 23 | 03:39 | 05:52 | 12:10 | 15:08 | 18:29 | 21:14 |
| 24 | 03:34 | 05:48 | 12:09 | 15:10 | 18:32 | 21:19 |
| 25 | 03:29/04:29 | 05:44/06:44 | 12:09/13:09 | 15:13/16:13 | 18:36/19:36 | 21:11/22:11 |
| 26 | 03:24/04:24 | 05:39/06:39 | 12:09/13:09 | 15:15/16:15 | 18:39/19:39 | 21:13/22:13 |
| 27 | 03:19/04:19 | 05:35/06:35 | 12:08/13:08 | 15:17/16:17 | 18:43/19:43 | 21:15/22:15 |
| 28 | 03:13/04:13 | 05:31/06:31 | 12:08/13:08 | 15:19/16:19 | 18:46/19:46 | 21:17/22:17 |
| 29 | 03:07/04:07 | 05:27/06:27 | 12:08/13:08 | 15:21/16:21 | 18:50/19:50 | 21:18/22:18 |
| 30 | 03:02/04:02 | 05:23/06:23 | 12:08/13:08 | 15:23/16:23 | 18:53/19:53 | 21:15/22:15 |
| 31 | 04:01 | 06:19 | 13:08 | 16:25 | 19:57 | 22:22 |

Lokaltid denne måneden.

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| Alnor Senter Storgata 132 9008 Tromsø www.alnorsenter.no | Islamsk Senter for Nord-Norge Grønnegata 118 9008 Tromsø |
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