

# BØNNETIDER FOR KIRKENES

## DESEMBER 2021

| Dag | Fajr  | Soloppgang | Duhr  | Asr   | Maghrib | Isha  |
|-----|-------|------------|-------|-------|---------|-------|
| 1   | 04:02 | 05:18      | 10:58 | 13:32 | 16:18   | 17:35 |
| 2   | 04:02 | 05:19      | 10:58 | 13:32 | 16:18   | 17:35 |
| 3   | 04:03 | 05:20      | 10:59 | 13:33 | 16:18   | 17:35 |
| 4   | 04:03 | 05:20      | 10:59 | 13:33 | 16:19   | 17:35 |
| 5   | 04:04 | 05:21      | 11:00 | 13:33 | 16:19   | 17:36 |
| 6   | 04:05 | 05:21      | 11:00 | 13:33 | 16:19   | 17:36 |
| 7   | 04:05 | 05:22      | 11:00 | 13:34 | 16:19   | 17:36 |
| 8   | 04:06 | 05:23      | 11:01 | 13:34 | 16:19   | 17:36 |
| 9   | 04:06 | 05:23      | 11:01 | 13:34 | 16:20   | 17:37 |
| 10  | 04:07 | 05:24      | 11:02 | 13:35 | 16:20   | 17:37 |
| 11  | 04:07 | 05:25      | 11:02 | 13:35 | 16:20   | 17:37 |
| 12  | 04:08 | 05:25      | 11:03 | 13:36 | 16:21   | 17:38 |
| 13  | 04:09 | 05:26      | 11:03 | 13:36 | 16:21   | 17:38 |
| 14  | 04:09 | 05:26      | 11:04 | 13:36 | 16:21   | 17:38 |
| 15  | 04:10 | 05:27      | 11:04 | 13:37 | 16:22   | 17:39 |
| 16  | 04:10 | 05:28      | 11:05 | 13:37 | 16:22   | 17:39 |
| 17  | 04:11 | 05:28      | 11:05 | 13:38 | 16:22   | 17:40 |
| 18  | 04:11 | 05:29      | 11:06 | 13:38 | 16:23   | 17:40 |
| 19  | 04:12 | 05:29      | 11:06 | 13:39 | 16:23   | 17:41 |
| 20  | 04:12 | 05:30      | 11:06 | 13:39 | 16:24   | 17:41 |
| 21  | 04:13 | 05:30      | 11:07 | 13:40 | 16:24   | 17:42 |
| 22  | 04:13 | 05:31      | 11:07 | 13:40 | 16:25   | 17:42 |
| 23  | 04:14 | 05:31      | 11:08 | 13:41 | 16:25   | 17:43 |
| 24  | 04:14 | 05:32      | 11:08 | 13:41 | 16:26   | 17:43 |
| 25  | 04:15 | 05:32      | 11:09 | 13:42 | 16:26   | 17:44 |
| 26  | 04:15 | 05:33      | 11:09 | 13:42 | 16:27   | 17:44 |
| 27  | 04:16 | 05:33      | 11:10 | 13:43 | 16:27   | 17:45 |
| 28  | 04:16 | 05:33      | 11:10 | 13:43 | 16:28   | 17:45 |
| 29  | 04:17 | 05:34      | 11:11 | 13:44 | 16:29   | 17:46 |
| 30  | 04:17 | 05:34      | 11:11 | 13:44 | 16:29   | 17:46 |
| 31  | 04:17 | 05:35      | 11:12 | 13:45 | 16:30   | 17:47 |

**Alnor Senter**  
Storgata 132  
9008 Tromsø  
[www.alnorsenter.no](http://www.alnorsenter.no)

I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge