

## BØNNETIDER FOR SENJA KOMMUNE

MARS 2024

| Dag | Fajr  | Soloppgang | Duhr  | Asr   | Maghrib | Isha  |
|-----|-------|------------|-------|-------|---------|-------|
| 1   | 04:17 | 07:09      | 12:07 | 14:27 | 16:57   | 19:37 |
| 2   | 04:12 | 07:05      | 12:06 | 14:29 | 17:01   | 19:42 |
| 3   | 04:07 | 07:00      | 12:06 | 14:31 | 17:05   | 19:46 |
| 4   | 04:02 | 06:56      | 12:06 | 14:33 | 17:09   | 19:50 |
| 5   | 03:57 | 06:51      | 12:06 | 14:35 | 17:13   | 19:55 |
| 6   | 03:53 | 06:47      | 12:06 | 14:36 | 17:17   | 19:59 |
| 7   | 03:48 | 06:42      | 12:05 | 14:38 | 17:21   | 20:03 |
| 8   | 03:42 | 06:38      | 12:05 | 14:40 | 17:25   | 20:08 |
| 9   | 03:37 | 06:33      | 12:05 | 14:42 | 17:29   | 20:13 |
| 10  | 03:32 | 06:29      | 12:05 | 14:44 | 17:33   | 20:17 |
| 11  | 03:26 | 06:24      | 12:04 | 14:46 | 17:37   | 20:22 |
| 12  | 03:21 | 06:20      | 12:04 | 14:48 | 17:41   | 20:27 |
| 13  | 03:15 | 06:15      | 12:04 | 14:49 | 17:45   | 20:32 |
| 14  | 03:09 | 06:11      | 12:03 | 14:51 | 17:49   | 20:37 |
| 15  | 03:03 | 06:06      | 12:03 | 14:53 | 17:53   | 20:42 |
| 16  | 02:58 | 06:02      | 12:03 | 14:55 | 17:57   | 20:48 |
| 17  | 02:58 | 05:57      | 12:03 | 14:57 | 18:01   | 20:53 |
| 18  | 02:57 | 05:53      | 12:02 | 14:59 | 18:05   | 20:57 |
| 19  | 02:57 | 05:48      | 12:02 | 15:00 | 18:09   | 20:57 |
| 20  | 02:57 | 05:44      | 12:02 | 15:02 | 18:13   | 20:57 |
| 21  | 02:56 | 05:39      | 12:06 | 15:04 | 18:17   | 20:56 |
| 22  | 02:56 | 05:35      | 12:06 | 15:06 | 18:20   | 20:56 |
| 23  | 02:56 | 05:30      | 12:06 | 15:08 | 18:24   | 20:56 |
| 24  | 02:56 | 05:26      | 12:06 | 15:09 | 18:28   | 20:56 |
| 25  | 02:55 | 05:21      | 12:05 | 15:11 | 18:32   | 20:55 |
| 26  | 02:55 | 05:17      | 12:05 | 15:13 | 18:36   | 20:55 |
| 27  | 02:55 | 05:12      | 12:05 | 15:15 | 18:40   | 20:55 |
| 28  | 02:54 | 05:08      | 12:04 | 15:17 | 18:44   | 20:54 |
| 29  | 02:54 | 05:03      | 12:04 | 15:18 | 18:48   | 20:54 |
| 30  | 02:54 | 04:59      | 12:04 | 15:20 | 18:52   | 20:54 |
| 31  | 03:53 | 05:54      | 13:03 | 16:22 | 19:56   | 21:53 |

**Alnor Senter**  
Storgata 132  
9008 Tromsø  
[www.alnorsenter.no](http://www.alnorsenter.no)

I samarbeid med Islamsk Råd Norge og Islamsk senter for Nord-Norge